## **Isaiah House Rules**

Everyone must abide by these rules at all times while staying here

- We believe a man can remain drug-free without relapse. Therefore, a positive drug test or refusal to take and pay for a lab test will result in dismissal with no return allowed.
- If a test is disputed, the test will be sent to a lab for verification at a cost of \$75 to the resident. If the test comes back negative, Isaiah House will refund the fee to the resident.
- Stealing inside or outside of Isaiah House will result in dismissal.
- NO dating male or female allowed while a resident of Isaiah House.
- NO inappropriate physical contact, speech, or gestures with any male or female on Isaiah House premises at any 12 -Step meeting or anyplace else allowed.
- No pornography of any kind including movies, magazines, or on your phone
- Any man leaving premises without proper permission or not returning by curfew will be dismissed.
- ANY MAN WHO ISN'T WHERE HE IS SUPPOSED TO BE WILL BE DISMISSED
- Any man physically or verbally assaulting another resident will be dismissed.
- No Kratom use allowed or any other mind-altering substances. Immediate dismissal.
- If you sneak a phone you will be asked to leave.

## Please note that any of the above will result in immediate dismissal, with no exceptions!

- To qualify for weekend passes, you must have your rent completely current, have no current write-ups, and be progressing on your 12 steps.
- No ongoing Narcotic meds allowed.
- The curfew is 11 pm, please be in your rooms. To smoke go out back to the smoking deck.
- If you need to smoke after 11 pm go out the back door, then to the smoking deck
- Non-perishable snacks and drinks (with lids only) may be kept in a closed container in your room.
- No man qualifies for Food Stamps while at Isaiah House. Food Stamp cards must be turned in.
- Energy drinks or any over-the-counter energy products are not allowed.
- Eating or drinking in any of the vehicles is not allowed.
- NO meals from the kitchen or any restaurant are to be eaten in your rooms.
- Breakfast 6 am-9 am. Lunch is from 11 am 12 pm. Dinner 6:00 (except Saturdays)
- Only residents of Isaiah House are allowed in residential areas unless approved by staff.
- NO tobacco uses of any kind inside any Isaiah House building or vehicles.
- No vaping or electronic cigarettes of any kind are allowed.
- NO firearms or weapons of any kind are allowed on the premises! Pocket knives are allowed.
- NO offensive music is allowed. Music may be restricted at the discretion of the staff.
- You must have permission from Staff before leaving Isaiah House property.
- There will be no disrespect to staff or anyone staying at Isaiah House at any time.
- Everyone will be assigned chores to help keep the facility clean & in working order.
- Everyone must brush their teeth, shower daily & clean the bathroom after each use.
- Phone calls made and received from the resident line. Long distance phone card needed to place longdistance calls
- No cell phones are allowed for six months.
- Cell phones are not to be at 12-Step meetings, church, Isaiah House meetings, or the dinner table. Anyone doing so will have their phone removed until they leave
- All residents' appointments must be reported to the staff for scheduling.
- All info from your Dr. must be disclosed to Ed and Sally Jeffery on the HIPAA form.
- Men are not allowed to ride in vehicles with women unless permitted by staff.
- Get-up time is 8:00 am on weekdays and your bed must be made immediately.
- You must be modestly dressed before leaving the sleeping area (shirt w/sleeves, pants). No pajamas or workout tank tops.

- Sheets, pillowcases, clothes, washcloths & towels are washed weekly as scheduled.
- Offices are to be entered only with staff permission and when the staff is present.
- Do not touch others' belongings without permission from the person.
- No man should enter another man's room without permission, or enter when no one is in the room.
- Bumming of food, money, or cigarettes from other residents is not acceptable!
- Do not adjust the thermostat. See the Director with concerns about the temperature.
- NO foul language or slang is tolerated.
- Transportation for residents is provided for work, meetings, doctors, church, social services, and court. Walmart runs will once a week. Get everything you need for the week at this time. Only church runs will be made on Sundays.
- Out-of-town runs will be 15 cents per mile plus gas expenses.
- If staff suspects that you have used, you will be searched or drug tested.
- Mon.-Fri. no TV watching or napping between 9 am & 3 pm. (exceptions allowed with staff permission)
- No TV is on after 11 pm <u>Sunday through Thursday</u>. TV's on after 11 pm allowed on Friday and Saturday only if all roommates agree.
- Do not leave clothes lying around, put them in drawers, closets, or dirty clothes baskets!
- Laundry is done between 8 am & 10 pm Monday thru Saturday. NO exceptions!
- Empty your trashcans as needed, taking all recyclable items to recycle bin.
- Label your personal items in outside refrigerators & clean up after yourself.
- If you are going to be late for dinner, call to request a meal saved for you.
- If rent is behind, do not spend money on fast foods, sodas, candy, etc., or put in a pass request.
- If you leave without proper release, your belongings will be bagged & put on the breezeway for 3 days.
- No refund of fees is given unless you paid for more than one week.

Our discipline program is as follows: 1<sup>st</sup> time you get a verbal warning in writing! 2<sup>nd</sup> time you get a written warning! 3<sup>rd</sup> time you get to leave!

Isaiah House reserves the right to expel a resident for any violation of any rule!

I \_\_\_\_\_\_ have read and agree to follow all these rules while attending \_\_\_\_\_\_. I fully understand the consequences of failure to do so.

Date \_\_\_\_\_

Resident signature \_\_\_\_\_

Staff signature \_\_\_\_\_