

Isaiah House Rules NOVEMBER 10, 2015

Everyone must abide by these rules at all times while staying here

Breaking any one of rules 1-5 will result in immediate dismissal

- We believe a man can remain drug free without relapse. Therefore a positive drug test or refusal to take a drug test will apply with no return allowed. If a test is disputed, **the test will be sent to the lab for verification.**
- Stealing inside or outside of Isaiah House.
- NO inappropriate physical contact, speech, or gestures with any females on Isaiah House premises and /or 12 step meetings in town.
- Any man leaving the property without proper permission and/or any man not returning by curfew. **(Acceptable late reasons will be considered, if the director is notified before curfew)**
- No fighting, all involved will have to leave
- No refund of fees given
- No ongoing Narcotic meds allowed. All other prescription meds will be kept in the Office and dispensed as prescribed.
- Staff hours 8am-11pm. But staff is here 24 hours/day 7 days per week
- Curfew is 11 pm, please be in your bedroom and quiet after this time. **No one is allowed on the front porch after 11 pm.**
- Only residents of Isaiah House are allowed in residency areas, unless approved by staff.
- NO alcohol, drugs or abuse of prescription medications
- NO tobacco use of any kind inside any Isaiah House building or vehicles.
- NO firearms or weapons of any kind are allowed on premises; all personal belongings will be searched when you arrive.
- NO offensive music allowed. Music may be restricted at the discretion of the staff.
- NO one is to leave premises without **talking to Executive Director, the Director of operations or House Manager:** about their itinerary and **listing same on the board.**
- There will be no disrespect of staff or anyone staying at Isaiah House at any time.
- Eating or drinking in any of the vehicles is not allowed.
- NO meals from the kitchen or any restaurant are allowed to be eaten in any area except kitchen, dining room and smoking area. **(This means do not eat food in your rooms!!!)**
- Breakfast is 6am-9am. Lunches 11:30am –12:30pm. A sack lunch is supplied for work. Dinner 6:00pm M-F, 7:20pm Sunday. **(on your own Saturdays)**
- Non-perishable snacks and drinks may be kept in a closed container in your room.
- Kitchen facilities may not be entered when the door is closed, even if it is unlocked.
- NO empty or uncovered containers in fridge **(wrap, cover or put in container all open food).** All Dairy, meat and leftovers must be dated.
- Everyone is assigned chores to help keep the facility clean & in working order.
- Everyone must brush teeth & shower daily & bathroom must be cleaned after each use.
- Phone in resident area is for local calls only. An answering machine is provided.
- Long Distance and local calls may be made on the phone by the computer.
- Do not answer the main phone by the kitchen door.
- All non-driving residents' appointments must be reported to the staff for scheduling.
- All information from your doctor must be disclosed to Director or Assistant Director. List Ed and Sally Jeffery, as persons on the HIPPA form at the doctor's office.
- **Men are not allowed to ride in vehicles with women unless given permission by staff.**
- Beds must be made neatly as soon as you get up. No sleeping on top of blankets or without sheets cases on pillows.
- Everyone be modestly dressed before leaving sleeping area (shirt w/sleeves, pants).

- Sunday morning church is required.
- Turn off all electric & water when not in use (help us keep the overhead down).
- Bedding, clothes & towels must be washed once a week.
- The staff bedroom and bathroom are off limits.
- Offices are to be entered only with staff permission and when the staff is present.
- Don't touch other people's property.
- Bumming of food, money or cigarettes from other residents **is not acceptable!**
- Do not adjust the thermostat. See the Director with concerns about the temperature.
- NO foul language or slang tolerated.
- **No texting during Isaiah House meals, during church, or during 12 step meetings.**
- Must have prior approval from staff before putting up anything on walls or dressers.
- Transportation for non driving residents provided for work, meetings, doctor, church, social services, and court. Wal-Mart runs will be done on Friday after the Friday night meeting. **Only church runs will be made on Sundays.**
- If returning from shopping and staff is suspect, you may be searched and drug tested.
- If you leave without proper release, your belongings will be bagged & put on breezeway
- M-F no TV watching between 9am - 5pm.
- No TV's on after 11pm unless all roommates are in agreement!
- Do not leave clothes lying around. Place them in drawers, closet or laundry basket!
- Laundry is done between 8am - 10pm Monday thru Saturday only.
- Empty your trashcans as needed, placing all recyclable items in appropriate bins.
- If you need to smoke after 11pm go out the back door.
- Label your personal items in outside refrigerators and clean up after yourself.
- If you are going to be late for dinner, call to request a meal saved for you.
- All types of energy drinks and synthetic stimulants are prohibited while at Isaiah House.
- Do not touch others belongings without permission from the person themselves.
- If rent is behind, do not spend money on fast foods, sodas, candy etc.
- Food items in the pantry, kitchen refrigerator & laundry room are off limits.
- If you require transportation outside of Ellijay to Blue Ridge or Jasper cost is \$12 per trip or \$ 60 per week. Other locations outside of Ellijay is \$.55 per mile.

We have a 3-step discipline program as follows:

- 1st time will be a verbal warning in writing.**
- 2nd time will be a written warning**
- 3rd time you will be asked to leave**

